

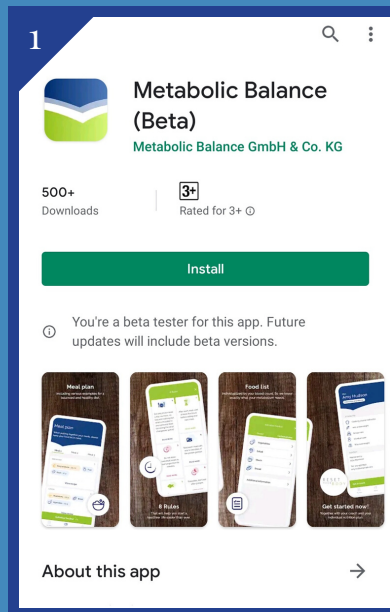
INTRODUCING

THE METABOLIC BALANCE APP

RESET
YOUR BODY

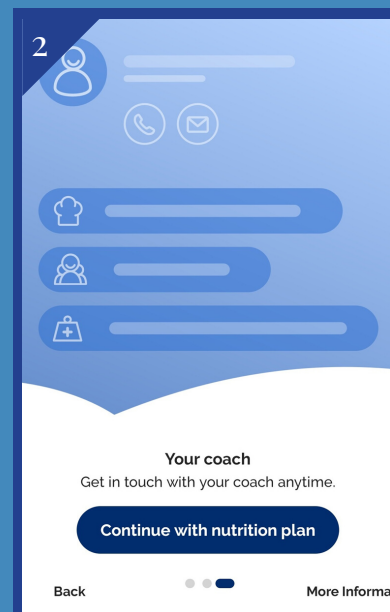
metabolic balance

~ BRINGING YOUR PLAN TO YOUR FINGERTIPS



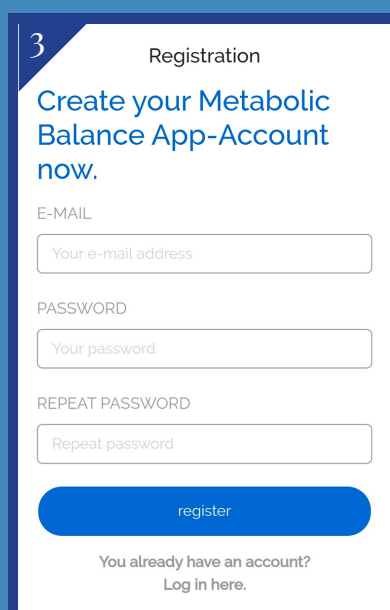
1. Install App

Available for free from Play store or Apple App Store



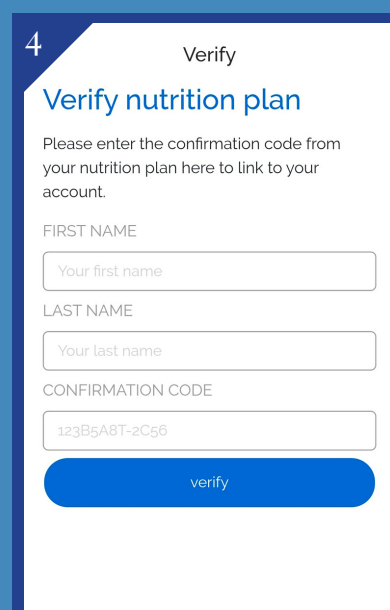
2. Open App

Scroll through introductory pages. Click to continue with nutrition plan



3. Create your account

Enter your email and create your password - keep your password safe



4. Connect your plan

Enter your unique plan number found on page 3 of your plan